RECIPES FOR HEALTHY KIDS

COOKBOOK FOR CHILD CARE CENTERS

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8 Porcupine Sliders
Grand Prize Winner

50 Tasty Tots
Popular Choice Winner

96 Tuscan Smoked Turkey and Bean Soup
1st Place Winner

Whole Grains

12 Chic' Penne
1st Place Winner

16 Mediterranean Quinoa Salad
2nd Place Winner

20 Aztec Grain Salad

24 Chicken Alfredo with a Twist

28 Chicken Curry Casserole

32 Oodles of Noodles

36 Peppy Quinoa

40 Rainbow Rice

46 Stir-Fried Green Rice, Eggs, and Ham

Dark Green and Orange Vegetables

54 Central Valley Harvest Bake
1st Place Winner

60 Stir-Fry Fajita Chicken, Squash, and Corn
2nd Place Winner

64 Bok Choy Wrappers

68 Crunchy Hawaiian Chicken Wrap

72 Harvest Delight

76 Roasted Fish Crispy Slaw Wrap

80 Smokin' Powerhouse Chili

86 Squish Squash Lasagna

92 Sweet Potato and Black Bean Stew

Dry Beans and Peas

100 Lentils of the Southwest
2nd Place Winner

104 Confetti Soup

108 Eagle Pizza

114 Fiesta Mexican Lasagna

120 Fiesta Wrap

126 Harvest Stew

130 Purple Power Bean Wrap

134 Spanish Chickpea Stew

138 Vegetable Chili Boat